

Allergen Free Foods

Heat 'n' Eat

Butter Chicken GF

Mildly spiced Indian curry dish with subtle flavours and a long lasting impression.

Thai Chicken Curry GFDF

Mild to Hot spiced chicken curry in the Thai style with creamy consistency.

Moroccan Lamb GFDF

Moroccan style lamb with sweet potato giving a sweet but spicy finish.

Beef Goulash GFDF

Sweet Paprika and red wine based glaze with tender beef chunks.

Chicken Broccoli & Mushroom GF

Creamy thick chicken dish with broccoli and mushroom for a delicious overall flavour.

Vegan Curry GFDFV

A vegan curry with varying flavours from Moroccan to African.

Also - **Rogan Josh** GF, **African Chicken Curry** GFDF, **Beef Bourguignon** GFDF, and an expanding selection.

Soups

Made on the premises using only the freshest ingredients, our soups contain no MSG and are all Gluten Free, some Dairy Free and some even Vegan to meet the requirements of any of your clientele.

Frittata

Zucchini Slice

Pizza and Breads

Pizza's 9" or 12" GF

Bread Rolls GF

Baguettes GF

Dinner Rolls GF

Key

NAS - No Added Sugar

DF - Dairy Free

GF - Gluten Free

V - Vegan

Desserts

Carrot Cake GFDF

Roast wattle seed carrot cake with various layers of flavours to discover.

White Chocolate, Cardamom and Lemon Myrtle Cheesecake GF

Gentle cardamom and lemon myrtle flavours in a white chocolate cheesecake with delicious raspberry couli topping.

Baked Cheesecake GF

Creamy baked cheesecake with and delicious gluten free biscuit base.

Mocha Fruitcake GFDFV

A chocolate and coffee flavoured fruitcake with various fruits to discover within.

Chocolate Decadence GFDFV

A near solid chocolate cake with fruit and nuts throughout.

Streusel Pies GFDFV

Choose either a Apple and Rhubarb, or Apple and Berry filling in a delicious melt in your mouth crust.

Orange and Almond Cake GFDF

Melt in mouth orange and almond flavoured cake with soft touch and lasting taste (NAS Optional).

Chocolate Brownies GFDF

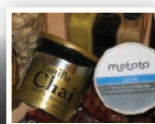
Delicious chocolate brownies with either pecan nuts drunken apricot or raspberry throughout to give a delicious flavour (NAS and V Optional).

Chocolate & White Chocolate Brownies GF

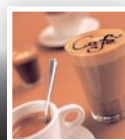
Delicious chocolate brownies with a layer of white chocolate in the middle.

Other deserts and savory choices are available.

Adelaide Hills Gourmet Foods



Product Representation



Coffee Training



Wholesale Cafe Food



Cafe Profitability